# NEWS REPORT – TODAY NEWSPAPER

BODY TO HELP COPE WITH CHILD BEREAVEMENT

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TO help families and medical professionals cope with the issue of child

bereavement, a book written by a group of bereaved parents will be

launched this evening.

The book, Farewell, My Child, comprises a collection of personal accounts

that provide advice on how to cope with such a loss and lend support.

Farewell, which is not for sale, will be given out to attendees at the

launch of the Child Bereavement Support (Singapore) (CBS) charity.

"We offer support to anyone in Singapore who loses a child of any age,

under any circumstances," said CBS president Sonya Szpojnarowicz, 37, a

British expatriate who has lived here for nine years.

Founded in October last year by the mother of three with four other

bereaved mothers, CBS comprises about 25 families, more than half of whom

are Singaporeans.

Mrs Szpojnarowicz said when her firstborn died in his sleep before his

second birthday in April 2002, she "was desperate for some support, but I

found nothing".

The group conducts monthly meetings for bereaved parents to meet, share

their experiences and learn how others are coping with their grief.

The NKF Children's Medical Fund will also offer two scholarships to have

healthcare professionals learn more about child-bereavement support in the

UK and US so they can train other professionals in Singapore upon their

return. - Jasmine Yin